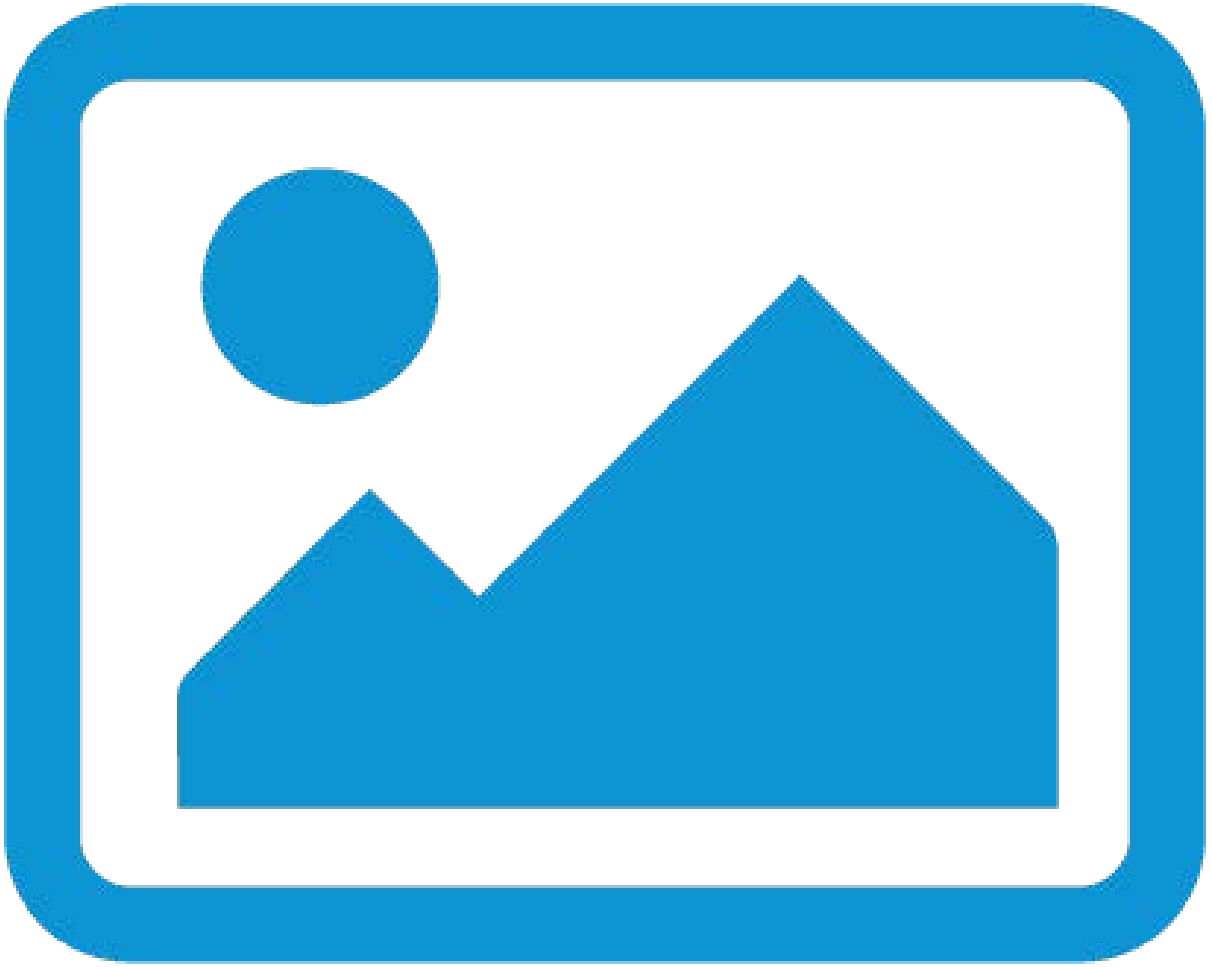Titre